



Wyoming Culinary Institute

Northern Wyoming Community College District

LUNCH

Appetizer

Pot stickers ~ Japan 5

Pork pot stickers with a chile and soy sauce

Sautéed Shrimp ~ Caribbean 8

Shrimp in a green sofrito sauce

Empanadas ~ S. America 5

Potato and Beef empanada with chimichurri sauce

Spring Rolls ~ S.E. Asia 9

Deep fried chicken, crab and shrimp spring roll

Salads

Cucumber ~Japan 5

Marinated cucumber salad on a bed of greens

Avocado and Pineapple ~ Caribbean 5

Pineapple and avocado in an orange vinaigrette on a bed of greens

Spinach ~ Japan 5

Fresh baby spinach in a sesame vinaigrette

Tomato ~ S. America 5

Marinated tomatoes and onions on a bed of greens

Soups

Cup 3 / Bowl 5

Wonton Soup ~ China

Pork wonton in a soy and chicken broth

Hot and Sour ~ China

Hot and sour soup with pork and mushrooms

Hours of Operation

11:30-2:00 pm and 5:00 pm-8 pm ~ Thursday and Friday

The International cuisine class would like to thank you for supporting our class!



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Entrees

Weiner Schnitzel ~ Austria 14

A pan-fried scallop of veal, served with a slice of lemon with spaetzle

Pork Vindaloo ~ India 11

A spicy stew of pork and onions with rice and beans

Korean spiced Halibut ~ 18

A spicy marinated halibut steak with beans and rice

Beef Stroganov ~ Russia 12

Beef tips in a sour cream sauce over egg noodles

Bread Crusted Pork ~ Germany 12

Rye bread crusted tenderloin with spaetzle

Jamaican Chicken ~ Caribbean 11

Jerked chicken with beans and rice

Bulgogi ~ Korea 13

Spicy beef tips and cucumber kimchi tacos with sticky rice

Lamb and Pork Skewers ~ Africa 13

Spiced lamb, pork and apricot skewers with beans and rice

NY Strip ~ Caribbean 17

Jerked beef steak with rice and beans

Caribbean Chicken ~ 11

Classic braised chicken with rice and beans

Desserts

All desserts are \$5

Cake with Apples ~ Austria

Cake pieces with apples raisins and walnuts

Strawberry Shortbread ~ British Isles

Classic shortbread smothered with strawberry coulis and whipped cream

Baklava ~ Middle East

Phyllo and Nut Pastry

Apple Trifle ~ Denmark

Apples with whipped cream and red currant jelly

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