

PHYSICAL EDUCATION K-12



NORTHERN WYOMING COMMUNITY COLLEGE DISTRICT

Sheridan College's Physical Education Program

Please feel free to direct any questions you might have about the program to one of the instructors listed below. In the off months (May through August) please contact our admissions office.

Sheridan College

Contact: 307.674.6446
800.913.9139

Instructor Erin Nitschke: ext. 4005
College Admissions: ext. 2000

- » This program of study is designed to prepare students to meet those academic standards leading to a bachelor's degree at a four-year educational institution. This program is designed to prepare future teachers for the K-12 classroom and related professions in the broader discipline.
- » The courses in this program will introduce students to the concepts of human anatomy and physiology, history and philosophy of sports, and nutrition. Students will also begin coursework related to the foundations of physical education, educational psychology, and elementary physical education principles. Students will also have the option of completing an athletic coaching certificate to compliment the Physical Education Program of Study.

Sheridan College Fact:

PE students will practice lesson plan design and instruction through education practicum experience.



Read about Sheridan College students at: sheridan.edu

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www.sheridan.edu

COURSE OF STUDY FOR ASSOCIATE OF SCIENCE DEGREE

FRESHMAN YEAR

Fall Semester	Credit Hours
ENGL 1010-English I	3
BIOL 1010-General Biology.....	4
PEPR 1004-Foundations of Physical Education.....	3
MATH 1400-Pre-Calculus Algebra	4
Health & Wellness Requirement	2
Total Credit Hours	16

Spring Semester	Credit Hours
ENGL 1020-English II	3
PSYC 1000-General Psychology	4
HLED 1006-Personal & Community Health.....	3
STAT 2050-Fundamentals of Statistics.....	4
US & WY Constitutions Requirement.....	3
Total Credit Hours	17

SOPHOMORE YEAR

Fall Semester	Credit Hours
ZOO 2010-Human Anatomy & Physiology I.....	3
ZOO 2012-Human Anatomy & Physiology I Lab	1
HOEC 1146-Nutrition for Health Care.....	2
EDFD 2020-Foundations of Education	3
CO/M 1010-Introduction to Public Speaking	3
Humanities Requirement.....	3
Visual & Performing Arts Requirement.....	3
Total Credit Hours	18

Spring Semester	Credit Hours
ZOO 2020-Human Anatomy & Physiology II.....	3
ZOO 2022-Human Anatomy & Physiology II Lab	1
HLED 1221-Standard First Aid & Safety.....	2
EDFD 2100-Educational Psychology	3
EDUC 2100-Practicum in Teaching.....	3
PEPR 1052-Prevention of Athletic Injuries.....	2
Global Diversity Requirement.....	3
PE Activity Course.....	1
Total Credit Hours	18
Total Degree Credit Hours.....	69